



**MAKE ART
ANYWAY.**

ART ACTIVITY
INSTRUCTIONS:
VISUAL POEM

@ARTSCORPS

#MAKEARTANYWAY

VISUAL POEM

Discipline:

Poetry & Visual Arts

Duration: 20-30 minutes

Age Range: Grades 3 - 6

Creator: Meredith Arena

Contact:

integration@artscorps.org

Materials:

Paper
Pen or
Pencil or
Crayon

Vocabulary:

Gratitude
Rhyme
Line Breaks
Micro
Macro

In this activity, you will write a poem with drawings to go with it about what you are grateful for in your life right now.

Learning Goals:

- You will practice writing poetry.
- You will think about all the things — big and small, near and far — that you feel grateful for.
- You will make an accordion book with drawings to go with your poem.

Activity Opening:

Think about things you are grateful for right now in your everyday life. To be grateful for someone means to be thankful. It means that we appreciate those people and things. Make a list starting with small everyday things (I used the example of my garden and my time to relax) and move to things outside yourself (like family and community).

The **micro** (meaning small) are the small everyday things and the **macro** are the bigger things outside of your home and yourself, like essential workers, hospitals and even the sun and the moon or things that bring us joy. We all have to be changemakers right now and one way to do that is to practice **gratitude** for all things big and small.

Steps/Instructions:

1. Write a poem about the things on your list. Use scrap paper so you can crossout and make changes.
2. Start with the things on the micro everyday level that are near to you like plants in the house, home-cooked food, brothers and sisters, songs you sing at home and write a few lines about those things.
3. Then write about the things that are outside your home, like essential workers who are working everyday to take care of everyone.
 - If you are grateful for food, maybe you can write about how that food gets to your table.
 - If you are grateful for the sun, maybe you can write about the planets.
4. Now, we're going to make an accordion book!

**MAKE ART
ANYWAY**

#CreativeSolidarity

VISUAL POEM

Discipline:

Poetry & Visual Arts

Duration: 20-30 minutes

Age Range: Grades 3 - 6

Creator: Meredith Arena

Contact:

integration@artscorps.org

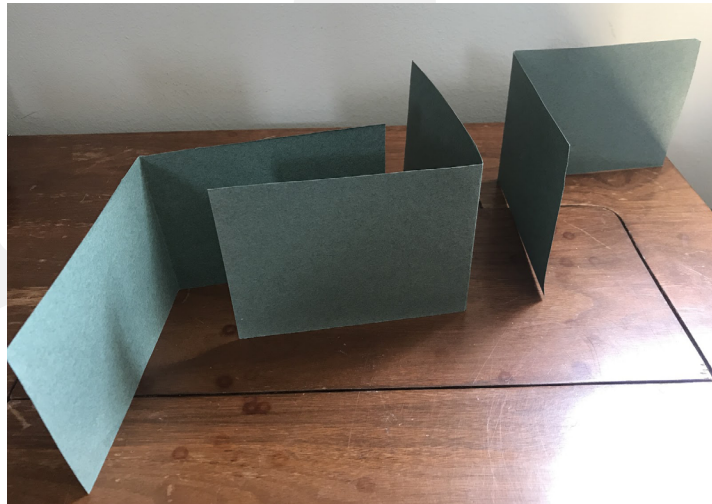
Materials:

Paper
Pen or
Pencil or
Crayon

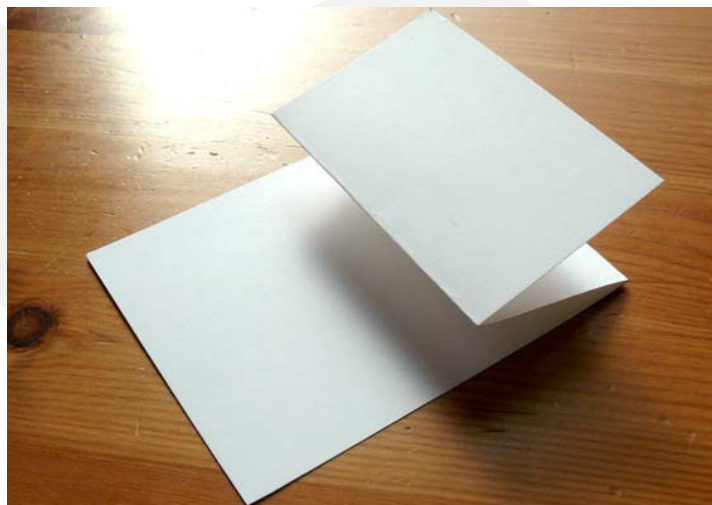
Vocabulary:

Gratitude
Rhyme
Line Breaks
Micro
Macro

5. Take some paper. We want long and skinny sections. If you're starting with a standard sized page, cut it lengthwise (hotdog) down the middle.



6. Fold the section in half. You can stop here and glue the two sections together to make a "W." Or, turn it over and fold the top part in half again making sure to align the edges. Turn it over and do the same on the other side. You'll end up with a paper that looks like a "W."



7. Rewrite your poem onto the pages of the book, maybe one line per fold. Usually this kind of book will stand on its own. If you don't want to make the book, you can simply rewrite your poem on any paper with drawing beside the lines.
8. You can write the words however you want and add drawings to go with the words.

**MAKE ART
ANYWAY**

#CreativeSolidarity

VISUAL POEM

Discipline:

Poetry & Visual Arts

Duration: 20-30 minutes

Age Range: Grades 3 - 6

Creator: Meredith Arena

Contact:

integration@artscorps.org

Materials:

Paper

Pen or

Pencil or

Crayon

Vocabulary:

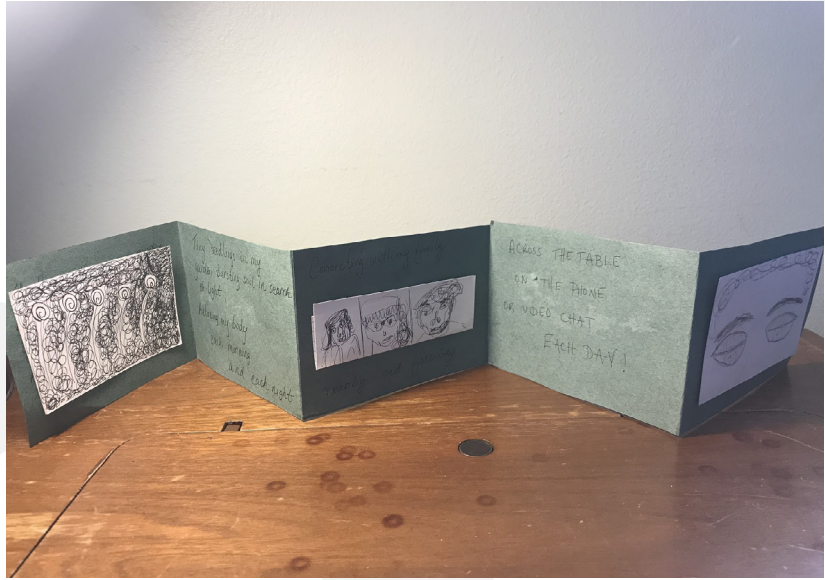
Gratitude

Rhyme

Line Breaks

Micro

Macro



Activity Closing:

Share your poem and book with your family. Think about the things you are grateful for each day. And share your poem and book with us at Arts Corps!

**CLICK HERE TO WATCH THE VIDEO
VERSION OF THIS LESSON.**

**When sharing this resource, please cite Arts Corps and any authors, artists and creators listed.*



©ARTSCORPS 2020

MAKE ART ANYWAY

#CreativeSolidarity