COMMUNITY WELLNESS COLORING BOOKLET

@ARTSCORPS

#MAKEARTANYWAY

CREATED BY MARIA LUISA GUILLEN VALDOVINOS
What colors do you think best describe health professionals & scientists?

Color the flowers with the colors you picked!
Color the background & at the bottom of the page write a letter to your local doctor, nurse, and/or public healthcare worker!
Farmworkers work tirelessly picking our food, veggies and fruits for us everyday! Color the fields with colors of your favorite foods!
Draw & color the facemask. Write a poem or story as your background! Think of your experiences and why community wellness is important.
Use your imagination to draw a flower & vegetable garden as your background!
Color in the sun and write out your name in the clouds!
Where do you think she’s looking? With your ideas color the image and write a note at the bottom that reminds you of something you love.
Draw inside the facemask and color in the flowers with colors that brighten your day.
Write words in the background that best describe how you take care of yourself. For example: drinking tea, stretching, going for a walk etc.
Draw & color the city with your favorite colors. Think of all the hugs and joy once we can be in public spaces as a community together.