Activity 1: Abstract Self-Portrait Puzzle

1. Fold a paper into 4 parts.
2. Use the sections of the paper to guide your drawing of a head like you see in the example.
3. Add features to your drawing; eyes, eye brows, mouth, nose, hair, and ears.
4. Color your portrait however you want.
5. Cut out your portrait.
6. Use the folded lines of the paper to cut your portrait into 4 parts.
7. From here you can cut those 4 parts into smaller parts and glue down the pieces.
8. (Optional) Have a friend put your pieces together like a puzzle, glue down the pieces when you’re finished!

Materials:

- white paper
- construction paper (for background)
- oil pastels or crayons
- scissors
- glue
- pencil
Activity 2: Geometric Art

1. Use a piece of paper as your base.
2. Take at least 2 different colors of masking tape or decorative tape. (If you do not have this, you can use construction paper or magazine paper to cut out strips similar to the width of tape.)
3. Place your tape (or strips of paper) into any shape. For example, you can start with an “X” shape.
4. Use more strips of tape (or paper) to continue to add to the initial shape - repeat multiple times.
5. Soon you’ll end up with a beautiful geometric pattern on your paper!

Materials:
base (cardstock paper, cardboard, or colored paper)
masking tape
decorative tape
strips of paper if no tape is available
Activity 3: Poem Drawings (Part 1)

Opening Questions:

1. Think about how you feel today.
2. Think about how you felt yesterday.
3. Think about how you want to feel tomorrow.
4. Choose one of the pictures below to show each of your feelings, or make your own picture.
5. Make your poem drawing using the instructions in the next page.
Activity 3: Poem Drawings (Part 2)

Instructions:

Fold your piece of paper into 3 parts, in each part of the paper write and draw the following...

1. Today, I am...
2. Yesterday, I was...
3. Tomorrow, maybe I will be...

Materials:

- paper (4 in. x 11 in.)
- pencil
Instructions:

1. Look out the window and say what you like and what you don’t like.
2. Go to the poem template (next page) and start completing the first two sentences. You can complete with words, sentences, or pictures.
3. Take a few seconds to look at the people around you.
4. Go to the poem template and start completing the second sentence by describing the faces you see.
5. Look in the mirror for a whole minute (60 seconds), smile at yourself, make funny faces and serious faces.
6. Go to the poem template and complete the last sentence by naming a detail or details you notice when you look at yourself. You can complete with words, sentences, or pictures.

Materials:

- paper
- pencil / coloring pencils
Activity 4: Looking Poetry (Part 2)

Template:

When I look out the window, I see (something you like).

When I look out the window, I see (something you don’t like).

When I look at the faces around me, I see (describe the people around you).

When I look in the mirror, I see (name one or more details you notice when you look at yourself).

Example:

When I look out the window I see pink cherry blossoms in bloom
When I look out the window I see a sad cat looking at the moon
When I look at the faces around me I see everyone has eyes that look kindly at me.
Some make funny faces and look excited. Some eyes look worried and some seem tired.
When I look in the mirror I see me, my brown eyes, my curly hair growing up like a tree.
**Activity 5: Loteria**

Loteria is a Bingo game played in Mexico and other Latin American countries. Go on a walk. Try to spot any of the following images. When you find the object color it in! Try to get all of the images colored!

<table>
<thead>
<tr>
<th>El Zapato Deportivo (Sporty Shoe)</th>
<th>Casa Del Pájaro (Birdhouse)</th>
<th>El Pájaro (Bird)</th>
</tr>
</thead>
<tbody>
<tr>
<td>La Lata (Can)</td>
<td>El Perro (Dog)</td>
<td>El Autobús (City Bus)</td>
</tr>
<tr>
<td>El Coche Azul (Blue Car)</td>
<td>La Flor (Flower)</td>
<td>La Señal De Alto! (Stop Sign)</td>
</tr>
</tbody>
</table>
Activity 6: Frame

1. Cut out a square from thick paper or cardboard.
2. Cut out another 2 pieces of construction paper the same size as the previous cardboard piece.
3. Use one of the construction papers to glue on the cardboard; this is the base.
4. Take the other construction paper and fold it in half. Draw a smaller square. Make sure the square starts at the folded edge.
5. Cut out the square and you will have a frame/border.
6. Glue the frame/border down.
7. Draw or glue a picture in the smaller square.
8. (Optional) Decorate the frame/border. Glue some string to the back so that it can hang.

Materials:

- cardboard (or thick paper)
- 2 pieces of colored paper
- pencil
- scissors
- glue
- yarn / string for hanging
Activity 7: Mountains

1. Using cardboard, create the shape of a mountain.
2. Cut out the mountain and rip the first layer of paper from the tip of the mountain.
3. Use your scissors or a pencil to rip some sideways lines through the mountain and tear pieces off of the top first layer.
4. Color the mountain with pastels or crayons. Note that in the images the top starts with a light color and then transitions to a darker color for an ombre affect.
5. Repeat steps 1 - 4 a few times to create more mountains.
6. Staple the mountain pieces together and onto a piece of paper or background to create mountain ranges.
7. (Optional) Reflect on what “mountain” you are climbing, mountains can be a long difficult hike, are you in a situation that feels long and difficult? How can you overcome this mountain?

Materials:
- cardboard
- oil pastels / crayons
- pencil
- scissors
Activity 8: Clay Monsters

1. Using clay or playdough, take a piece and roll it into a ball.
2. Use your fingers to shape this ball of clay into any odd shape. It can be like a cone, a snake, or it can be flat.
3. Using a pencil, poke holes somewhere on the clay creature to make eyes.
4. Use more clay to create the nose, mouth, limbs, hair -- whatever you think of!
5. (Optional) Take your monster creation on a walk and use your phone to take photos of the monster with different backgrounds!

Materials:
clay/playdough
pencil
Activity 9: Simple Pop-Up

Instructions

1. With the paper laid out vertically (tall), fold the top of the paper down to meet the bottom edge.
2. Open the folded paper, flip it over and repeat step 1.
3. Line up the ruler so it is perpendicular from the folded edge. It can be anywhere along the folded edge. Draw a 3” straight line from the folded edge to the middle.
4. Move the ruler about ½” up or down so it is parallel to the line you just drew.
5. Draw another 3” straight line from the folded edge to the middle.
6. Starting from the folded edge, cut along both lines you have drawn to make two slits. Do not cut all the way across the folded paper.
7. Take the strip of the paper between the two slits, fold it back all the way and crease. (Example A)
8. Open your folded paper halfway so it forms an L, with one side on the table, and one side standing up.
9. From the back side of the L, poke the little strip through to the other side. (Example B)
10. Cut out a small picture from a magazine, or draw and cut out an animal from a small piece of paper.
11. On the vertical strip you poked through, tape (or glue) the small picture.
12. Close or fold the paper again. When you open it up, the picture will “pop” out. (Example C).

Materials and examples on next page.
Activity 10: Landscape Pop-Up

Instructions

1. Follow Steps 1 and 2 from Simple Pop-Up.
2. Open/unfold the paper again and color the area above the fold in light or dark blue for the sky. Color the area below the fold green, grey, or brown for the ground.
3. Refold the paper along the existing crease so the colored parts are inside.
4. Proceed with the rest of the steps from Simple Pop-Up, drawing and cutting out pairs of perpendicular lines from the folded edge, etc. (Example D)

Materials:

- paper
- pencil
- ruler
- scissors
- recycled magazine
- tape or glue
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artscorps

MAKE ART ANYWAY.